

Medical Education and Training Campus (METC)

Behavioral Health Technician Program

Army 302-68X10 Behavioral Health Specialist (MOS 68X10)
Navy B-302-0046 Behavioral Health Technician (NEC HM-8485)
Air Force L5ABJ4C031 01AA Mental Health Service Apprentice (AFSC 4C031)

Curriculum Plan



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Change Record

Item to Change	Description	Date Approved

Note: Any time there is a change to the Curriculum Plan; annotate the change number and approval date to the Change Record.

Section 1: General Program Information

Program Description:

Behavioral Health Technicians are allied health professionals focused on communication techniques required to assess/evaluate military personnel and their family members in need of Behavioral Health care. The Behavioral Health Technician (BHT) Program provides training in the areas of communication techniques, human development, psychopathological disorders, psychological testing, consultation, interviewing, psychiatric behavioral interventions, counseling, and Combat and Operational Stress Control (COSC). The program combines didactic classroom instruction and closely supervised practical exercises. The instructional design for this program is Group Lock Step.

Enrollment Data:

Minimum Enroll: 25 (14 Army, 3 Navy, 8 Air Force)
Maximum Enroll: 53 (30 Army, 9 Navy, Air Force 14)
Programmed: 488
Entry Interval: 26

Program Goal(s):

To prepare Service members to function as entry level Behavioral Health Technicians in fixed and deployable medical facilities working under the supervision of a Behavioral Health provider.

PDS Code Phase I:

LBI

Security Classification:

Unclassified

Instructional Design:

Group Lock Step

Accreditation and Related Information:

Graduates of Air Force consolidated programs are eligible to receive credit through the Community College of the Air Force (CCAF) and/or recommended credit through the American Council on Education (ACE). Graduates of collocated programs may be eligible to receive recommended credit through the ACE. Additional information is provided below.

Council on Occupational Education (COE)

The Medical Education and Training Campus is accredited by the Commission of the Council on Occupational Education, 7840 Roswell Road Building 300, Suite 325 Atlanta, GA 30350, Telephone: 770-396-3898/FAX: 770-396-3790.

www.council.org

Community College of the Air Force (CCAF)

The Medical Education and Training Campus is affiliated with the Community College of the Air Force, 100 South Turner Blvd Maxwell-Gunter AFB, AL 36114-3011, Telephone: 334-649-5000/ DSN: 749-5000.

www.au.af.mil/au/barnes/ccaf

American Council on Education (ACE)

The Medical Education and Training Campus submits selected enlisted medical training programs to be evaluated for recommended credit by the American Council on Education Military Evaluations Program, One Dupont Circle NW Washington, DC 20036, Telephone: 202-939-9470/866-205-6267.

www.acenet.edu

Student Prerequisites:

Air Force specific: See the Education & Training Course Announcements (ETCA)

Site. <https://etca.randolph.af.mil/default1.asp>

Air Force Enlisted Classification Directory (AFECD) – Current

Navy specific: See Catalog of Navy Training Courses (CANTRAC)

<https://app.prod.cetars.training.navy.mil/cantrac/vol2.html>

Army specific: See DA Pam 611-21 and MOS Prerequisites.

<https://www.atrrs.army.mil/atrrscc/prerequisites.aspx>

See also: AR 614-200 Chap 4, Table 4-1 for Service Remaining Requirement.

Faculty Qualifications:

Instructors assigned to the METC must have an associate degree or higher, preferably in the teaching discipline, from a regionally or nationally accredited postsecondary institution, or be able to achieve an associate degree within 12 months of Date Assigned Instructor Duty (DAID). They must have completed three (3) semester hours in a CCAF or American Council on Education (ACE) approved instructor methodology course, a 12 semester hour teaching internship course, be current in subject matter testing, have satisfactory annual instructor evaluations, and obtain at least one hour of professional development, documented annually. Additional instructor requirements include completion of the METC Orientation and Instructor Competency Development Training (ICDT), compliance with accreditation standards, and possession of valid licensure or certification in the respective career field, if required.

In addition to the required courses for METC and CCAF, Army Cadre must attend the Cadre Training Course (CTC) prior to being qualified to instruct Initial Entry Training (IET) Soldiers.

Program Length Consolidated Courses

Course	Course Title	Did	Lab/ Prac	Clin	WTest	PTest/ PPC	Other	Total
BHT 101	Introduction to Behavioral Health	8			2			10
BHT 102	Human Growth and Development	14			2			16
BHT 103	Psychopathology	75			10			85
BHT 104	Psychiatric Behavioral Interventions	20	4		4	9		37
BHT 105	Interviewing Skills	19.75	38		2	28.25		88
BHT 106	Psychological Testing	11	1.5		2	1.5		16
BHT 107	Introduction to Counseling	20	35		2	34		91
BHT 108	Combat Operational Stress Control	30	1		2	1		34
Consolidated Total		197.75	79.5		26	73.75		377

Program Length Army/Air Force Consolidated Courses

Course	Course Title	Did	Lab/ Prac	Clin	WTest	PTest/ PPC	Other	Total
BHT 109	Basic Medical (Army & Air Force)	6	5		1	3		15
Army/AF Consolidated Total		6	5		1	3		15

Lab/Practical	Lab/ Prac	Demonstration/hands-on practice
Clinical	Clin	Patient care or other supervised work experience
Written or Practical Test	WTest PTest	Formal written/hands-on student assessments, includes time for pre-test review & post-test critique
Other	Other	All other formats for instruction
Required Activities	Reqd	All other non-instruction activities

Program Length Army-Specific Courses

Course	Course Title	Did	Lab/ Prac	Clin	WTest	PTest/ PPC	Other	Total
	*Admin/Indoctrination						*16	*16
BHT 101A	Army Behavioral Health Duties	27	11		5	14		57
BHT 210A	FTX (Continuous Operations 72 hrs.)		22			2		24
BHT 211A	Directed Clinical Practicum		24	179				203
Army Specific Total		27	57	179	5	16		284

* These hours do NOT add to the total number of academic hours established for the Program. However, they have been reflected as requested by AMEDD. These hours capture the time spent for Admin/Indoctrination. Admin/Indoctrination occurs before students report to begin Program education and training activities.

Program Length Navy-Specific Courses

Course	Course Title	Did	Lab/ Prac	Clin	WTest	PTest/ PPC	Other	Total
BHT 101N	Navy Behavioral Health	15			3			18
BHT 211N	Directed Clinical Practicum		8	183		12		203
Navy Specific Total		15	8	183	3	12		221

Program Length Air Force-Specific Courses

Course	Course Title	Did	Lab/ Prac	Clin	WTest	PTest/ PPC	Other	Total
	EMRC*		16*					16*
BHT 101F	Air Force Behavioral Health	48	5		8	5		66
BHT 211F	Directed Clinical Practicum		11.5	80		5		96.5
Air Force Specific Total		48	16.5	80	8	10		162.5

* These hours do NOT add to the total number of academic hours established for the Program. However, they have been reflected in this table to match the approved Notional POI. These hours capture the time spent for Expeditionary Medical Readiness Course (EMRC). EMRC occurs before students report to begin Program education and training activities.

**Total Hours do not include the 16 hours reflected for EMRC.

Program Instructor – Student Ratios Consolidated

Course	Course Title	Did	Lab/ Prac	Clin	WTest	PTest/ PPC	Other
BHT 101	Introduction to Behavioral Health	1:27			1:27		
BHT 102	Human Growth and Development	1:27			1:27		
BHT 103	Psychopathology	1:27			1:27		
BHT 104	Psychiatric Behavioral Interventions	1:27	1:6		1:27	1:6	
BHT 105	Interviewing Skills	1:27	1:6		1:27	1:6	
BHT 106	Psychological Testing	1:27	1:6		1:27	1:6	
BHT 107	Introduction to Counseling	1:27	1:6		1:27	1:6	
BHT 108	Combat Operational Stress Control	1:27			1:27		

Program Instructor – Student Ratios Army/Air Force Consolidated

Course	Course Title	Did	Lab/ Prac	Clin	WTest	PTest/ PPC	Other
BHT 109	Basic Medical (Army & Air Force)	1:22	1:6		1:22	1:6	

Program Instructor – Student Ratios Army Specific

Course	Course Title	Did	Lab/ Prac	Clin	WTest	PTest/ PPC	Other
BHT 101A	Army Behavioral Health Duties	1:30	1:6		1:30	1:6	
BHT 202A	FTX (Continuous Operations 72-hours)		1:6			1:6	
BHT 211A	Directed Clinical Practicum		1:30	1:5			

Program Instructor – Student Ratios Navy Specific

Course	Course Title	Did	Lab/ Prac	Clin	WTest	PTest/ PPC	Other
BHT 101N	Navy Behavioral Health	1:9			1:9		
BHT 211N	Directed Clinical Practicum	1:9		1:3		1:3	

Program Instructor – Student Ratios Air Force Specific

Course	Course Title	Did	Lab/ Prac	Clin	WTest	PTest/ PPC	Other
	EMRC		1:6				
BHT 101F	Air Force Behavioral Health	1:14	1:6		1:14	1:6	
BHT 211F	Directed Clinical Practicum	1:14		1:3		1:6	

Program Length Peacetime:

		METC*	Army	Navy	Air Force
Phase I Hours¹	Didactic	203.75	230.75	212.75	251.75
	Lab/Practical	84.5	141.5	87.5	101
	Clinical		175	183	80
	Written Test ²	27	36	29	35
	Practical Test/PPC	76.75	92.75	85.75	86.75
	*Admin/Indoctrination or, Air Force EMRC			*16	
Total Hours		392	676	598	554.50

* These hours do NOT add to the academic hours established for the Program; they capture the time spent for Army Admin, and Air Force EMRC conducted at Camp Bullis.

Program Length Mobilization/Wartime:

		METC	Army	Navy	Air Force
Phase I Hours	Didactic				
	Lab/Practical				
	Written Test				
	Practical Test				
	Other				
Total					

¹ An 8 hour training day is the standard; exceptions are noted

² Time for end of course critique included in hours for last written exam in each course

Section 2: Course Descriptions and Objectives

BHT 101 Introduction to Behavioral Health

Course Description:

This course provides an overview of the duties & responsibilities of the BHT to include ethical standards and multicultural practices. Students identify the roles and functions of the various professionals working with individuals with emotional, behavioral, addictive, and/or social problems. The course identifies different facilities where BHTs are assigned and highlights various types of behavioral health services available in inpatient and outpatient settings.

Prerequisite(s): Admission to the Behavioral Health Technician Program, and for Air Force students, completion of EMRC 100.

Course Goals:

Students will be able to describe the major duties and responsibilities of the BHT, identify different BHT assignments, and explain/define the ethics and culture of the Behavioral Health Field as it relates to the patient and the Patients' Bill of Rights.

Distribution of Contact Hours:

Unit #	Unit Title	Did	Lab/ Prac	Clin	WTest	PTest/ PPC	Other	Req'd Act.	Total
1	Duties and Responsibilities of the Behavioral Health Technician (BHT)	2.5							2.5
2	Ethics and Culture	5.5			2				7.5
Total		8			2				10

Course Objectives and Levels of Learning:

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho-motor	Affective
Unit 1: Introduction to Behavioral Health					
1.1.1	Duties and Responsibilities	Describe the major duties and responsibilities of the BHT.	C1		
1.2.1	Behavioral Health Technician assignments	Identify behavioral health assignments.	C1		
Unit 2: Ethics and Culture					
2.1.1	Terminology of Ethics	Define selected terminology related to patient/client ethics.	C1		
2.2.1	Five Ethical Principles	Define the five ethical principles.	C1		
2.3.1	Code of Ethics/Common Ethical Violations	Explain the code of ethics.	C1		
2.4.1	Ethical Decision Making	Identify considerations used in resolving an ethical dilemma.	C1		
2.5.1	Patient Bill of Rights	List the rights of patient/client(s) in mental health settings.	C1		
2.6.1	Terminology and Culture	Define selected terminology related to culture.	C1		
2.7.1	Sociocultural Implications	Identify sociocultural factors that influence patient care.	C1		

BHT 102 – Human Growth and Development

Course Description:

This course provides an overview of Anatomy and Physiology, with specific emphasis on the neuroanatomical structure and function of the brain. This course also provides a wide range of knowledge in processes of human development throughout the human life-span.

Prerequisite(s): Completion of BHT 101

Course Goals:

Students will be able to identify the anatomy and physiology of the human body, describe the neuroanatomical structure as it relates to mental health conditions, and describe theories of human development from birth to death.

Distribution of Contact Hours:

Unit #	Unit Title	Did	Lab/ Prac	Clin	WTest	PTest/ PPC	Other	Req'd Act.	Total
1	Anatomy & Physiology	2							2
2	Introduction to Neuroanatomy	4							4
3	Human Development a Life-Span Approach	8			2				10
	Total	14			2				16

Course Objectives and Levels of Learning:

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho-motor	Affective
Unit 1: Anatomy & Physiology					
1.1.1	Anatomy & Physiology	Identify the anatomy and physiology of the human body.	C1		
Unit 2: Introduction to Neuroanatomy					
2.1.1	Psychobiology of Emotions	Identify the neurological anatomic structures to include the physiological processes associated with behavior and emotion.	C2		
Unit 3: Human Development a Life-Span Approach					
3.1.1	Human Biophysical Development	Identify the patient's biophysical stage of development and the common characteristics of that stage.	C1		
3.2.1	Cognitive Development	Identify the patient's cognitive developmental stage and the common characteristics and the appropriate treatment plan for that stage.	C1		
3.3.1	Psychosocial Development Stages and Theories	Identify the patient's stage of psychosocial development and the common characteristics of that stage.	C2		

BHT 103 – Psychopathology

Course Description:

This course provides an overview of the terminology, signs, symptoms, and diagnostic features of psychopathology disorders that are listed in the most current Diagnostic and Statistical Manual (DSM) of Mental Disorders. A familiarization and overview of the DSM is provided to determine the psychopathological diagnostic criteria for each disorder.

Prerequisite(s): Completion of BHT 102.

Course Goals:

Students will be able to apply an understanding of psychopathology terminology by using the DSM's diagnostic criteria to determine the psychopathological disorder. Students will be able to identify the signs, symptoms, and diagnostic features of psychopathology disorders, identify appropriate pharmacological and non-pharmacological treatment interventions, and be familiar with other conditions that may be the focus of clinical attention.

Distribution of Contact Hours:

Unit #	Unit Title	Did	Lab/ Prac	Clin	WTest	PTest/ PPC	Other	Req'd Act.	Total
1	DSM Overview	8			2				10
2	Trauma & Stress Related Disorders	3							3
3	Personality Disorders	4							4
4	Anxiety Disorders	6							6
5	Obsessive-Compulsive and Related Disorders	2							2
6	Schizophrenia Spectrum and Other Psychotic Disorders	6			2				8
7	Depressive Disorders	4							4
8	Bipolar & Related Disorders	4							4
9	Neurocognitive Disorders	2							2
10	Somatic Symptom and Related Disorders	1							1
11	Dissociative Disorder	1							1
12	Feeding and Eating Disorders	2							2
13	Disruptive, Impulse-Control, and Conduct Disorders	1			2				3
14	Neuro Developmental Disorders	1							1
15	Gender Dysphoria	.5							.5
16	Sexual Dysfunctions	.5							.5
17	Paraphilic Disorders	.5							.5
18	Elimination Disorders	.5							.5
19	Sleep-Wake Disorders	2							2
20	Other Mental Disorders	.5							.5
21	Medication Induced Movement Disorders	.5							.5

Unit #	Unit Title	Did	Lab/ Prac	Clin	WTest	PTest/ PPC	Other	Req'd Act.	Total
22	Other Conditions That May Be a Focus of Clinical Attention	17			2				19
23	Substance-Related and Addictive Disorders	8			2				10
	Total	75			10				85

Course Objectives and Levels of Learning:

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho-motor	Affective
Unit 1: DSM Overview					
1.1.1	History of the DSM	Identify the history of the DSM developmental phases.	C1		
1.2.1	DSM-5 Components	Identify the different sections of the DSM-5.	C1		
1.3.1	Classifications of Mental Disorders	Identify the major classifications of mental disorders.	C1		
1.4.1	Other Conditions	List other conditions that may be a focus of clinical attention.	C1		
1.5.1	Overview of Psychopharmacology	Define general terms related to medication.	C1		
1.6.1	Overview of Treatment and Intervention	Identify the importance of terms.	C1		
1.7.1	Documenting Diagnosis	Identify key elements of the DSM diagnosis format.	C1		
Unit 2: Trauma & Stress Related Disorders					
2.1.1	Definition of Trauma & Stress Related Disorders	Define Trauma and Stress Related Disorders.	C1		
2.2.1	Types	List the types of Trauma and Stress Related Disorders.	C1		
2.3.1	Epidemiology/ Etiology	State the epidemiology/etiology of trauma or stress related disorders.	C1		
2.4.1	Associated Features	Recall the associated features for trauma and stress related disorders.	C1		
2.5.1	Diagnostic Criteria for Trauma and Stress Related Disorders	Identify the general clinical criteria for trauma and stress related disorders and the predominant symptoms with the specific subtype of trauma and stress related disorders.	C1		
2.6.1	Major Treatment Modalities	Identify the major treatment modalities and intervention goals related to trauma and stress related disorders.	C1		
2.7.1	Psychopharmacology	Identify commonly used medications and side effects for Trauma and Stress Related Disorders.	C1		

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho-motor	Affective
Unit 3: Personality Disorders					
3.1.1	Definitions	Identify terms associated with personality disorders.	C1		
3.2.1	Types	List the types of personality disorders.	C1		
3.3.1	Epidemiology/ Etiology	Identify facts related to personality disorders.	C1		
3.4.1	Associated Features	Recall the associated features for personality disorders.	C1		
3.5.1	Diagnostic Criteria for Anxiety Disorders Characteristic	Identify the general criteria for personality disorders.	C1		
3.6.1	Personality Clusters	Identify which personality disorders are associated with each personality cluster.	C1		
3.7.1	Treatment/ Intervention	Identify major treatment modalities, barriers to treatment and intervention goals of personality disorders.	C1		
Unit 4: Anxiety Disorders					
4.1.1	Definition of Anxiety Disorder	Define anxiety disorder.	C1		
4.2.1	Types	Identify the types of anxiety disorders.	C1		
4.3.1	Epidemiology/ Etiology	Identify facts related to anxiety disorders.	C1		
4.4.1	Associated Features	Recall the associated features for anxiety disorders.	C1		
4.5.1	Characteristics of Panic Attacks and Agoraphobia	Identify the characteristics of panic attacks and agoraphobia.	C1		
4.6.1	Diagnostic Criteria for Anxiety Disorders	Identify the general diagnosis criteria and the diagnostic associated features for anxiety disorders.	C1		
4.7.1	Treatment/ Interventions	Identify treatment and intervention for anxiety disorders.	C1		
4.8.1	Psychopharmacology	Identify commonly used medications and side effects for anxiety disorders.	C1		
Unit 5: Obsessive-Compulsive and Related Disorders					
5.1.1	Definitions	Define key terms associated with obsessive compulsive and related disorders.	C1		
5.2.1	Types	List the types of Obsessive Compulsive and Related Disorders.	C1		
5.3.1	Epidemiology/ Etiology	Identify facts related to obsessive compulsive disorders.	C1		
5.4.1	Associated Features	Recall the associated features for obsessive compulsive disorders.	C1		

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho-motor	Affective
5.5.1	Diagnostic Criteria for Obsessive Compulsive and Related Disorders	Identify the diagnostic criteria for Obsessive Compulsive and Related Disorders.	C1		
5.6.1	Treatment/ Interventions	List the major treatment modalities for Obsessive Compulsive disorders and name the intervention goals.	C1		
5.7.1	Psychopharmacology	Identify commonly used medications for obsessive Compulsive disorders and their side effects.	C1		
Unit 6: Schizophrenia Spectrum and Other Psychotic Disorders					
6.1.1	Definition of Psychotic Disorder	Define key features associated with psychotic disorders.	C1		
6.2.1	Types	List the types of psychotic disorders and the central theme to the correct Delusional Disorder subtype.	C1		
6.3.1	Epidemiology/ Etiology	Identify facts related to psychotic disorders.	C1		
6.4.1	Associated Features	Recall the associated features for Schizophrenia Spectrum Disorders.	C2		
6.5.1	Diagnostic Criteria for Psychotic Disorders	Identify the general criteria for psychotic disorders.	C1		
6.6.1	Treatment/ Interventions	Identify the major treatment modalities, interventions for hallucinating and delusional patients, barriers to treating persons with psychotic disorders, and intervention goals related to psychotic disorders.	C1		
6.7.1	Psychopharmacology	Identify the commonly used medications for psychotic disorders and side effects for commonly used psychotic disorders.	C1		
Unit 7: Bipolar and Related Disorders					
7.1.1	Key Definitions for Bipolar & Related Disorders	Identify the episodes of Mania and hypomania; and a major depressive episode.	C1		
7.2.1	Types	List the types of Bipolar and Related Disorders.	C1		
7.3.1	Epidemiology/ Etiology	Identify facts related to Bipolar Disorders.	C1		
7.4.1	Associated Features	Recall the associated features for Bipolar Disorders.	C1		
7.5.1	Diagnostic Criteria for Bipolar & Related Disorders	Identify characteristics of Bipolar Disorders.	C1		

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho-motor	Affective
7.6.1	Treatment/ Intervention	List the major treatment modalities for Bipolar Disorders.	C1		
7.7.1	Psychopharmacology	Describe commonly used medications for Bipolar Disorders.	C1		
Unit 8: Depressive Disorders					
8.1.1	Definition of Depressive Disorders	Define depressive disorders.	C1		
8.2.1	Types	Identify the types of depressive disorders and the essential features	C1		
8.3.1	Epidemiology/ Etiology	Identify facts related to depressive disorders.	C1		
8.4.1	Associated Features	Identify associated features of depressive disorders.	C2		
8.5.1	Diagnostic Criteria for Depressive Disorders	Identify diagnostic characteristics of depressive disorders.	C1		
8.6.1	Treatment/ Intervention	Identify the major treatment modalities for depressive disorders and the intervention goals related to depressive disorders.	C1		
8.7.1	Psychopharmacology	Identify commonly used medications and side effects for depressive disorder medications.	C1		
8.8.1	Electroconvulsive Therapy	Identify Electroconvulsive Therapy (ECT) and list the indications and contraindications for ECT.	C1		
Unit 9: Neurocognitive Disorders					
9.1.1	Key Definitions for Neurocognitive Disorders	Recall common definitions associated with Neurocognitive Disorders.	C1		
9.2.1	Types	List the types of Neurocognitive Disorders.	C1		
9.3.1	Epidemiology /Etiology	Identify facts related to Neurocognitive Disorders.	C1		
9.4.1	Associated Features	Recall the associated features for Neurocognitive Disorders.	C2		
9.5.1	Diagnostic Criteria for Neurocognitive Disorders	Identify the general criteria for Neurocognitive Disorders.	C1		
Unit 10: Somatic Symptom and Related Disorders					
10.1.1	Key Definitions for Somatic Symptom and Related Disorders	Define key terms associated with somatic symptom and related disorders.	C1		
10.2.1	Types	List the types of somatic symptom and related disorders.	C1		
10.3.1	Epidemiology/ Etiology	Identify facts related to Somatic Symptom Disorders.	C1		
10.4.1	Associated Feature	Recall the associated features for Somatic Symptom & Related Disorders.	C2		

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho-motor	Affective
10.5.1	Diagnostic Criteria for Somatic Symptom & Related Disorders	Identify the general criteria for Somatic Symptom & Related Disorders.	C1		
Unit 11: Dissociative Disorder					
11.1.1	Key Definitions for Dissociative Disorders	Recall common definitions associated with Dissociative Disorders.	C2		
11.2.1	Types	List the types of Dissociative Disorders.	C1		
11.3.1	Epidemiology/ Etiology	Identify facts related to dissociative disorder.	C1		
11.4.1	Associated Feature	Recall the associated features for Dissociative Disorders.	C1		
11.5.1	Diagnostic Criteria for Dissociative Disorders	Identify the general criteria for Dissociative Disorders.	C1		
Unit 12: Feeding and Eating Disorders					
12.1.1	Definitions	Define key terms associated with Feeding and Eating Disorders.	C1		
12.2.1	Types	List the types of Feeding and Eating Disorders.	C1		
12.3.1	Epidemiology/ Etiology	Identify facts related to Feeding and Eating Disorders.	C1		
12.4.1	Associated Feature	Recall the associated features for Eating Disorders.	C2		
12.5.1	Diagnostic Criteria for Eating Disorders	Identify the general criteria for Eating Disorders.	C1		
12.6.1	Treatment/ Intervention	Name intervention goals related to Eating Disorders.	C1		
Unit 13: Disruptive, Impulse-Control, and Conduct Disorders					
13.1.1	Definitions	Define Disruptive, Impulse-Control, and Conduct Disorders.	C1		
13.2.1	Types	List the types of Disorders under Disruptive, Impulse Control, and Conduct Disorders.	C1		
13.3.1	Epidemiology/ Etiology	Identify facts related to Disruptive, Impulse-Control and Conduct Disorders.	C1		
13.4.1	Associated Features	Recall the associated features for Impulse Disorder.	C2		
13.5.1	Diagnostic Criteria for Impulse Control Disorders	Identify the diagnostic criteria for Disruptive, Impulse-Control, and Conduct Disorder.	C1		
13.6.1	Treatment/ Intervention	List the major treatment modalities for Disruptive, Impulse-Control, and Conduct Disorder.	C1		
Unit 14: Neuro Developmental Disorders					
14.1.1	Key Definitions for Neurodevelopmental Disorders	Recall common definitions associated with Neurodevelopmental Disorders.	C1		
14.2.1	Types	List the types of Neurodevelopmental Disorders.	C1		

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho-motor	Affective
14.3.1	Epidemiology/ Etiology	Identify facts related to Neurodevelopmental Disorders.	C1		
14.4.1	Associated Feature	Recall the associated features for Neurodevelopmental Disorders.	C2		
14.5.1	Diagnostic Criteria for Dissociative Disorders	Identify the general criteria for Neurodevelopmental Disorders.	C1		
Unit 15: Gender Dysphoria					
15.1.1	Key Definitions for Gender Dysphoria	Recall common definitions associated with Gender Dysphoria.	C1		
15.2.1	Types	List the types of Gender Dysphoria.	C1		
15.3.1	Epidemiology /Etiology	Identify key facts associated with Gender Dysphoria.	C1		
15.4.1	Associated Features	Recall the associated features for Gender Dysphoria.	C2		
15.5.1	Diagnostic Criteria for Gender Dysphoria	Identify the general criteria for Gender Dysphoria.	C1		
Unit 16: Sexual Dysfunctions					
16.1.1	Definitions	Recall definitions associated with Sexual Dysfunctions.	C1		
16.2.1	Sexual Response Cycle	Identify each phase of the sexual response cycle.	C1		
16.3.1	Types	List the types of sexual dysfunctions and sexual disorders.	C1		
16.4.1	Epidemiology/ Etiology	Identify facts about Sexual Dysfunctions	C1		
16.5.1	Associated Feature	Recall the associated features for Sexual Dysfunctions.	C2		
16.6.1	Diagnostic Criteria for Sexual Disorders	Identify the general criteria for Sexual Dysfunctions.	C1		
Unit 17: Paraphilic Disorders					
17.1.1	Key Definitions for Paraphilic Disorders	Recall common definitions associated with Paraphilic Disorders.	C1		
17.2.1	Types	List the types of Paraphilic Disorders.	C1		
17.3.1	Epidemiology/ Etiology	Identify key facts associated with Paraphilic Disorders.	C1		
17.4.1	Associated Feature	Recall the associated features for Paraphilic Disorders.	C1		
17.5.1	Diagnostic Criteria for Paraphilic Disorders	Identify the general criteria for Paraphilic Disorders.	C1		
17.6.1	Treatment Modalities	Recognize best treatment modality for Paraphilic Disorders.	C1		

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho-motor	Affective
Unit 18: Elimination Disorders					
18.1.1	Key Definitions for Elimination Disorders	Recall common definitions associated with Elimination Disorders.	C1		
18.2.1	Types	List the types of Elimination Disorders.	C1		
18.3.1	Epidemiology/ Etiology	Identify facts related to Elimination Disorders.	C1		
18.4.1	Associated Features	Recall the associated features for Elimination Disorders.	C2		
18.5.1	Diagnostic Criteria for Elimination Disorders	Identify the general criteria for Elimination Disorders.	C1		
Unit 19: Sleep-Wake Disorders					
19.1.1	Definitions	Define terms and two types of sleep disorders, and sleep disorders related to other mental disorders.	C1		
19.2.1	Epidemiology/ Etiology	Identify facts related to sleep.	C1		
19.3.1	Diagnostic Criterion for Sleep Disorders	Describe the general criteria for Sleep Disorders.	C1		
19.4.1	Treatment/ Intervention	Identify the most common major treatment modalities and the common intervention goals related to Sleep Disorders.	C1		
19.5.1	Psychopharmacology	Identify medications and side effects for commonly used sleep disorder medications.	C1		
Unit 20: Other Mental Disorders					
20.1.1	Types	List the types of Other Mental Disorders.	C1		
20.2.1	Diagnostic Criterion for Mental Disorders Due to General Medical Condition	Identify clinical characteristics for mental disorders due to general medical condition.	C1		
20.3.1	Treatment/ Intervention	Identify the most common major treatment modalities and the common intervention goals related to Other Mental Disorders.	C1		
Unit 21: Medication-Induced Movement Disorders and Other Conditions that May Be a Focus of Clinical Attention					
21.1.1	Types	List the types of Medication-Induced Movement Disorders and Other Conditions that may be a focus of Clinical Attention Other Adverse Effects of Medication.	C1		
21.2.1	Diagnostic Criterion for Medication-Induced Movement Disorders	Identify clinical characteristics for Medication-Induced Movement Disorders and Other Conditions That May Be a Focus of Clinical Attention Other Adverse Effects of Medication.	C1		

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho-motor	Affective
21.3.1	Treatment/ Intervention	Discuss prevention, assessment, and interventions for medication-induced movement disorders and antidepressant disuse syndrome.	C1		
Unit 22: Other Conditions That May Be a Focus of Clinical Attention					
22.1.1	Other Conditions	Identify the relationship between other conditions, their categories, V codes, and common conditions that fall in the V code category.	C1		
22.2.1	Additional Codes	Describe the codes Unspecified.	C1		
22.3.1	Geriatric Patient/Client(s)	Identify the neurobiological and psychological changes, assessment areas, disorders, pharmacological considerations, interventions, and psychological changes in the geriatric patient.	C1		
22.4.1	Adolescent Patient/Client	Discuss the assessment areas, different adolescent disorders, and specific pharmacological considerations when treating the adolescent patient.	C2		
22.5.1	Family Advocacy	Identify elements of the family advocacy program.	C1		
22.6.1	Sexual Assault	Identify elements of sexual assault and treatment of the sexual assault victim.	C1		
22.7.1	Suicide Awareness and Prevention	Identify suicidal characteristics and methods of prevention.	C1		
22.8.1	Department of Defense Suicide Event Report (DODSER)	Identify the purpose and elements of the Department of Defense Suicide Event Report.	C1		
22.9.1	Stress Management; Coping and Defense Mechanism	Identify stress management, coping and defense mechanisms.	C1		
Unit 23: Substance-Related and Addictive Disorders					
23.1.1	Definitions in Substance-Related Disorders and Addictive Disorders	Define key terms in Substance-Related and Addictive Disorders.	C1		
23.2.1	Types/Major Classes of Substance-Related and Addictive Disorders	Identify Types/Major Classes of Substance-Related and Addictive Disorders.	C1		
23.3.1	Diagnostic Criteria for Substance-Related and Addictive Disorders	Identify the diagnostic criteria for substance related disorders.	C1		

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho-motor	Affective
23.4.1	Pharmacology of Substances	Identify the pharmacological effects of substances.	C1		
23.5.1	Treatment Modalities	Identify substance-related disorder treatment modalities.	C1		
23.6.1	Pharmacology	Identify the pharmacology associated with the treatment of Substance Related Disorders.	C1		
23.7.1	Substance Overuse in the Military	Discuss substance overuse in the Military.	C1		

BHT 104 – Psychiatric Behavioral Interventions

Course Description:

This course provides an overview of responsibilities and interventions performed by the BHT in inpatient/outpatient behavioral health settings focusing on: Domestic violence, managing aggressive and hostile behavior, guidelines for therapeutic Milieu, patient treatment plans, nursing interventions, inpatient/outpatient psychiatric procedures, and hospital admission and discharge procedures.

Prerequisite(s): Completion of BHT 103.

Course Goals:

Students will be able to identify and describe psychiatric behavioral interventions for inpatient treatment and demonstrate the proper use of non-violent crisis intervention techniques.

Distribution of Contact Hours:

Unit #	Unit Title	Did	Lab/ Prac	Clin	WTest	PTest/ PPC	Other	Req'd Act.	Total
1	Overview of Inpatient	8							8
2	Milieu Therapy	4			2				6
3	Managing Aggressive Behavior	8	4		2	9			23
Total		20	4		4	9			37

Course Objectives and Levels of Learning:

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho-motor	Affective
Unit 1: Overview of Inpatient Procedures					
1.1.1	Inpatient Procedure	Identify treatment facility procedures for treating inpatients.	C1		
1.2.1	Recreational and Occupational Therapeutic Activities	Identify the recreational and occupational therapeutic activities for the treatment of psychiatric inpatients.	C1		
1.3.1	Purposes of Relaxation	Discuss the attributes of relaxation for the treatment of inpatients.	C2		
1.4.1	Goal Setting	Discuss the purpose and elements of patient treatment goals.	C2		
1.5.1	Outpatient Behavioral Health	Describe the staff responsibilities in treating the outpatient Behavioral Health client.	C2		
Unit 2: Milieu Therapy					
2.1.1	Milieu/Therapy	Identify the elements associated with milieu therapy.	C1		
2.2.1	Health and Comfort Search	Identify the elements associated with a health and comfort search.	C1		
2.3.1	Referral and Consultation	Identify the elements associated with referral and consultation.	C1		
Unit 3: Managing Aggressive Behavior					
3.1.1	Overview of Aggressive Behavior	Identify the elements associated with aggressive behavior.	C1		
3.2.1	Non-Violent Crisis Intervention	Identify the elements associated with non-violent Crisis intervention.	C1		
3.3.1	Managing Aggressive Behavior	Manage aggressive client behavior.		P3	

BHT 105 – Interviewing Skills

Course Description:

This course provides the knowledge, skills, terminology, and techniques needed by the BHT to conduct and record intake and collateral interviews. Students will become familiar with the steps in conducting discharge planning, medical consultation, psychiatric consultation, and referrals. Students are required to perform appropriate interviewing techniques, therapeutic communication skills, risk assessments, and the components of a mental status exam.

Prerequisite(s): Completion of BHT 104.

Course Goals:

Students will be able to conduct and record an intake/collateral interview, apply an understanding of interviewing terminology, identify elements of patient/client interviewing, identify methods to handle inappropriate behaviors, and document information collected in the interviewing process.

Distribution of Contact Hours:

Unit #	Unit Title	Did	Lab/ Prac	Clin	WTest	PTest/ PPC	Other	Req'd Act.	Total
1	Elements of the Initial Interview	4.5							4.5
2	Managing Client Behavior (Verbal & Nonverbal)	2.5							2.5
3	Collateral	1.5							1.5
4	Mental Status Exam	4.5							4.5
5	Risk Assessment	1.5							1.5
6	Risk Management	1.5							1.5
7	Case Presentations	1.25							1.25
8	Document the Initial Interview	2.5			2				4.5
9	Conduct the Initial Interview		30			22.25			52.25
10	Document the Initial Interview		8			6			14
Total		19.75	38		2	28.25			88

Course Objectives and Levels of Learning:

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho-motor	Affective
Unit 1: Elements of the Initial Interview					
1.1.1	Elements of the Initial Interview	Identify the elements of the initial interview.	C1		
Unit 2: Managing Client Behavior (Verbal & Nonverbal)					
2.1.1	Inappropriate Client Behavior Defined	Define inappropriate client behavior.	C1		
2.2.1	Hostile Behavior	Select most effective methods of managing client's hostile behavior.	C1		

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho-motor	Affective
2.3.1	Seductive Behavior	Identify effective methods of managing client's seductive behavior.	C1		
2.4.1	Boundary Violations Axioms	Identify the elements associated with boundary violation axioms.	C1		
Unit 3: Collateral					
3.1.1	Collateral Information Sources	Identify the elements associated with collateral information sources.	C1		
3.2.1	Collateral Interview Planning	Identify the steps for obtaining collateral information.	C2		
Unit 4: Mental Status Exam					
4.1.1	Mental Status Examination (MSE)	Identify elements of the Mental Status Exam (MSE).	C1		
Unit 5: Risk Assessment					
5.1.1	Risk Assessment	Identify elements associated with risk assessment.	C1		
Unit 6: Risk Management					
6.1.1	Risk Management	Describe effective strategies for managing safety.	C2		
Unit 7: Case Presentations					
7.1.1	Steps for case Presentation	Describe the steps of a case presentation.	C1		
7.2.1	Categories of Supervision	State the category of supervision appropriate for the patient/client.	C2		
Unit 8: Document the Initial Interview					
8.1.1	Purpose of Records	Identify purpose and guidelines for the establishment of client records.	C1		
8.2.1	Key Elements of Documentation	List the key elements of documentation.	C1		
8.3.1	Documentation Outline	Identify elements associated with the documentation outline of client records.	C1		
Unit 9: Conduct the Initial Interview					
9.1.1	Interview Practical Exercise	Perform an initial interview.		P2	
Unit 10: Document the Initial Interview					
10.1.1	Document Initial Interview	Document the initial interview.		P2	

BHT 106 - Psychological Testing

Course Description:

This course provides the overview, knowledge, skills, terminology, and techniques needed to administer and score different psychological tests. Students are required to administer, score, and document the results of applicable psychological tests.

Prerequisite(s): Completion of BHT 105.

Course Goals:

Students will be able to identify and describe the different psychological tests used and display the skills needed to administer and score these tests.

Distribution of Contact Hours:

Unit #	Unit Title	Did	Lab/ Prac	Clin	WTest	PTest/ PPC	Other	Req'd Act.	Total
1	Overview of Psychological Testing	3							3
2	Psychological Tests and Applications	8	1.5		2	1.5			13
Total		11	1.5		2	1.5			16

Course Objectives and Levels of Learning:

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho-motor	Affective
Unit 1: Overview of Psychological Testing					
1.1.1	Introduction and Overview of Psychological Testing	Identify the elements associated with psychological testing.	C1		
Unit 2: Psychological Tests and Applications					
2.1.1	Describe and Document Psychological Test	Identify elements of, and documentation of psychological testing.	C1		
2.2.1	MMPI-2	Identify elements associated with the Minnesota Multi-phasic Inventory (MMPI-2).	C2		
2.3.1	WAIS-IV Psychological Test	Describe the Wechsler Adult Intelligence Scale-4 (WAIS-IV).	C2		
2.4.1	Shipley Institute of Living Scale	Score the Shipley Institute of Living Scale (Shipley-2).		P2	
2.5.1	Other Psychological Tests	Identify the purpose of other psychological tests.	C1		

BHT 107 – Introduction to Counseling

Course Description:

This course focus on key concepts, terms, processes and techniques related to counseling theories and psychotherapy. Therapeutic approaches are presented from an evidenced based practice perspective. Students learn the concept of adjusting counseling approaches for various individuals based on their diverse backgrounds and varying ages.

Prerequisite(s): Completion of BHT 106.

Course Goals:

Students will be able to describe the counseling process, identify the aspects of counseling, describe the purpose and goals of group counseling, perform and document a counseling session, and conduct a group counseling session.

Distribution of Contact Hours:

Unit #	Unit Title	Did	Lab/ Prac	Clin	WTest	PTest/ PPC	Other	Req'd Act.	Total
1	Counseling Overview	3							3
2	Aspects of Counseling	9							9
3	Group Counseling	4							4
4	Documenting a counseling session	4			2				6
5	Counseling Session		21			21			42
6	Document Counseling Session		4			3			7
7	Group Counseling		10			10			20
Total		20	35		2	34			91

Course Objectives and Levels of Learning:

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho-motor	Affective
Unit 1: Counseling Overview					
1.1.1	Overview of Counseling Process	Identify elements of the counseling process.	C1		
1.2.1	Theoretical Orientation to Counseling	State the major theoretical orientations for counseling.	C1		
Unit 2: Aspects of Counseling					
2.1.1	Therapeutic Approaches to counseling	Describe therapeutic approaches as outlined by theoretical orientation.	C2		
2.2.1	Prepare for Counseling Session	Identify the preparation process and elements of a counseling environments.	C1		
2.3.1	Stage 3 Develop Counseling Goals	Identify the process of developing counseling goals.	C1		
2.4.1	Stage 4 Selecting Counseling Interventions	Identify the process of selecting counseling interventions.	C1		

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho-motor	Affective
2.5.1	Stage 5 Termination of the Therapeutic Relationship	Identify the process of terminating the therapeutic relationship.	C1		
Unit 3: Group Counseling					
3.1.1	Group Counseling Dynamics	Identify the associated elements of group counseling dynamics.	C1		
3.2.1	Group Processes	Identify the associated elements of group processes.	C1		
Unit 4: Documenting a Counseling Session					
4.1.1	SOAP Note	Identify the elements associated with the development of SOAP notes.	C1		
Unit 5: Counseling Session					
5.1.1	Counseling Session	Conduct a counseling session.		P2	
Unit 6: Document Counseling Session					
6.1.1	Document Counseling Session Using SOAP Format	Document the counseling session using the SOAP format.		P2	
Unit 7: Group Counseling					
7.1.1	Psycho Educational Groups	Conduct a group counseling session.		P2	

BHT 108 – Combat Operational Stress Control

Course Description:

This course provides a foundation of responsibilities and activities related to preserving psychological health. Students learn to identify and mitigate stressors related to traumatic events, pre-deployments, combat operations, and post-deployments. They are introduced to Combat Operational Stress Control (COSC), Traumatic Event Management (TEM), and other principles governing the care of unique groups, command consultation, prevention techniques and resiliency. Treatment of COSC patients will be introduced, discussed, and practiced.

Prerequisite(s): Completion of BHT 107.

Course Goals:

Students will be able to define COSC, describe the purpose, range of duty responsibilities, and activities of a BHT in a COSC organization/unit, identify treatment interventions and approaches, and identify the unique situations where COSC units are utilized.

Distribution of Contact Hours:

Unit #	Unit Title	Did	Lab/ Prac	Clin	WTest	PTest	Other	Req'd Act.	Total
1	Combat Operational Stress Control	30	1		2	1			34
Total		30	1		2	1			34

Course Objectives and Levels of Learning:

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho-motor	Affective
Unit 1: Combat Operational Stress Control (COSC)					
1.1.1	Introduction to COSC	Develop the skill-set to implement COSC for service members.	C1		
1.1.2	AF Pre-Exposure Preparation (PEP)	Identify areas needed for a Pre-Exposure Preparation (PEP) Brief.	C1		
1.1.3	Army COSC	Identify areas needed for Combat Stress Control Detachment.	C1		
1.1.4	Navy COSC	Identify and understand the tools for teaching and providing basic mental health care utilizing combat and operational stress control.	C1		
1.1.5	Joint Combat and Operational Stress Control	Describe Combat and Operational Stress.	C1		
1.1.6	Crisis Intervention	Describe the effects and reactions to disaster or terrorism and provide crisis intervention.	C1		
1.1.7	Traumatic Event Management (TEM)	Describe the elements of Critical and Traumatic Event Management.	C1		
1.1.8	Traumatic Brain Injury (TBI)	Describe and identify Traumatic Brain Injury.	C1		
		Perform a combat stress intervention.		P2	
1.1.9	Reintegration	Describe effects and reactions of service members post deployment.	C1		

BHT 109 – Basic Medical (Army and AF Only)

Course Description:

This course will introduce students to the basic concepts of infection control, vital signs, and basic life support (BLS). BLS certification is determined by the American Heart Association, and students receive a certificate upon completion of training. Students will be required to demonstrate proper hand washing techniques and correctly measure/record a patient's vital signs.

Prerequisite(s): Completion BHT 108.

Course Goals:

Students will be able to apply proper infection control procedures, take vital signs, and complete the requirements necessary to obtain the American Heart Association Basic Life Support Certification.

Distribution of Contact Hours:

Unit #	Unit Title	Did	Lab/ Prac	Clin	WTest	PTest	Other	Req'd Act.	Total
1	Infection Control	.5	.5			1			2
2	Vital Signs	.5	.5			1			2
3	Basic Life Support	5	4		1	1			11
Total		6	5		1	3			15

Course Objectives and Levels of Learning:

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho- motor	Affective
Unit 1: Infection Control					
1.1.1	Blood Borne Pathogens	Apply preventive measures for transmission of Blood Borne Pathogens.		P1	
1.2.1	Hand Washing	Perform hand washing procedures.		P2	
Unit 2: Vital Signs					
2.1.1	Measuring and Recording Vital Signs	Correctly measure and record a patient's vital signs.		P1	
Unit 3: Basic Life Support					
3.1.1	Administer Life Saving Procedures	Perform life saving measures IAW American Heart Association.		P3	

Army Specific Training

BHT 101A – Army Behavioral Health Duties

Course Description:

Army students learn specific duties and responsibilities related to Army behavioral health. Students learn about assignments in the Medical Treatment Facility, Brigade Combat Teams, Combat Operational Stress and other jobs, responsibilities, ongoing education and skills validation requirements. Students are taught seizure management, CBRN, behavioral health care management, hospital medical systems/programs, case management principles and practices, how to conduct psycho-educational briefings, how to assess trauma casualties and basic soldier skills (i.e., safety briefings, risk assessments, and weapons marksmanship). Prerequisite(s): Completion BHT 109.

Course Goals:

Students will recall basic facts about the duties and responsibilities of the Army BHT.

Distribution of Contact Hours:

Unit #	Unit Title	Did	Lab/ Prac	Clin	WTest	PTest	Other	Req'd Act.	Total
1	BLS (cont.)					8			8
2	Army BHT duties	2							2
3	Seizure Management	1							1
4	CBRN	1			1				2
5	Behavioral Health Care Management	10			2				12
6	Medical Systems/Programs	3							3
7	Case Management	6			2				8
8	Psycho Educational Brief	2	2			2			6
9	Trauma Casualty Assessment	2	2			2			6
10	Soldier Skills		7			2*			9
Total		27	11		5	14			57

*This evaluation covers lesson objective 10.1.1 (Army BHT Brief). All other lessons (10.2.1, 10.3.1, 10.4.1, 10.5.1) are evaluated in BHT 210A – Field Training Exercise

Course Objectives and Levels of Learning:

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho-motor	Affective
Unit 1: BLS (cont.)					
1.1.1	Administer Life Saving Procedures	Perform life saving measures IAW American Heart Association.		P3	
Unit 2: Army BHT duties					
2.1.1	Description of Army BH Duties in Various Assignments	Define the duties of the BHT.	C1		

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho-motor	Affective
Unit 3: Seizure Management					
3.1.1	Seizure Management	Identify the type of seizures and discuss how to manage a seizing or convulsing patient.	C1		
Unit 4: CBRN					
4.1.1	CBRN Management	Identify the elements associated with CBRN management.	C1		
Unit 5: Behavioral Health Care Management					
5.1.1	Administrative Procedures	Identify administrative procedures in a BH setting.	C1		
5.2.1	Treatment Team Meetings	Discuss components of treatment team meetings.	C1		
5.3.1	Escorting Behavioral Health Patients	Discuss considerations and requirements of escorting a patient.	C1		
5.4.1	Outreach	Identify the steps necessary to perform BH Outreach.	C1		
5.5.1	Tele-Medicine	Discuss the use of tele-medicine in the BH.	C1		
Unit 6: Medical Systems/Programs					
6.1.1	Medical Systems/Programs	Identify Medical Systems/Programs.	C1		
Unit 7: Case Management					
7.1.1	Case Management (CM) in Behavioral Health	Describe case management.	C1		
7.2.1	Managed Care	Explain the importance of Managed Care.	C1		
Unit 8: Psycho Educational Brief					
8.1.1	Psycho Educational Brief	Present a psycho educational briefing.		P2	
Unit 9: Trauma Casualty Assessment					
9.1.1	Basic Lifesaving Measures	Perform Basic Lifesaving Measures.		P3	
9.2.1	Transport a Casualty	Transport the casualty using an appropriate carry or litter without dropping or causing further injury to the casualty.		P2	
9.3.1	Trauma Casualty Assessment	Identify and treat all life-threatening conditions and other serious wounds.		P2	
Unit 10: Soldier Skills					
10.1.1	Behavioral Health Technicians in the Operational Army	Briefing covers operational assignments and force structure for the Behavioral Health Technician.		P2	

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho-motor	Affective
10.2.1*	FTX Overview	Perform Combat Operational Stress Control Exercise Roles.		P2	
10.3.1*	Present a Case for Supervision	Conduct a clinical encounter review.		P2	
10.4.1*	Conduct Individual Training	Apply the Soldiers Manual of Common Tasks Assignment.		P2	
10.5.1*	Weapons Marksmanship and Familiarization	Perform marksmanship skills.		P3	
10.5.2*	Engagement Skills Trainer	Perform in the Engagement Skills Trainer (EST) 2000.		P3	

* Denotes those lessons evaluated in BHT 210A Field Training Exercise.

BHT 210A – FTX (Continuous Operations 72 hrs)

Course Description:

Student are trained in an operational environment where they are required to integrate and apply skills learned in BHT 201A, 108 and 109.

Prerequisite(s): Completion of BHT 101A.

Course Goals:

Students will participate in a scenario-driven, tactical field training exercise that is a culmination of previously learned Behavioral Health skills and apply and demonstrate an understanding of the steps and techniques associated with providing Combat/Operational Stress Control support to the unit and demonstrate common core survival skills.

Distribution of Contact Hours:

Unit #	Unit Title	Did	Lab/ Prac	Clin	WTest	PTest	Other	Req'd Act.	Total
1	BH Operations in a Tactical Environment		22			2			24
Total			22			2			24

Course Objectives and Levels of Learning:

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho-motor	Affective
Unit 1: BH Operations in a Tactical Environment					
1.1.1	Functions of Combat Operational Stress Control (CSC)	Demonstrate all functions of Combat Operational Stress Control.		P2	
1.2.1	Treat Combat Stress	Treat Combat Operational Stress Reactions.		P3	
1.3.1	Conduct Debriefing	Conduct Traumatic Event Management Debriefing.		P1	

BHT 211A – Directed Clinical Practicum

Course Description:

This course provides the practical application and integration of all clinical knowledge and skills taught throughout the program. Students will be required to perform these skills at various military and civilian behavioral health settings. Upon completion of clinicals, students will provide a case presentation, to include documentation, of an actual patient.

Prerequisite(s): Completion of BHT 210A.

Course Goals:

Students will participate in a clinical practicum demonstrating the knowledge and skills taught throughout the Behavioral Health Program.

Distribution of Contact Hours:

Unit #	Unit Title	Did	Lab/ Prac	Clin	WTest	PTest	Other	Req'd Act.	Total
1	DCP Prep		24						24
2	Clinical Practicum			175		4			179
Total			24	175		4			203

Course Objectives and Levels of Learning:

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho- motor	Affective
Unit 1: DCP Admin					
1.1.1	DCP Admin	Complete administrative tasks.		P2	
Unit 2: Clinical Practice					
2.1.1	Therapeutic Rapport	Establish and maintain rapport with patient in various clinical settings.		P3	
2.2.1	SOAP Notes	Document SOAP notes in a clinical session.		P3	
2.3.1	Psycho Educational Workshop	Facilitate a Psycho Educational Workshop in a clinical setting.		P3	
2.4.1	Case Presentation	Prepare and present a case based on clinical experience.		P3	

Navy Specific Training

BHT 101N – Navy Behavioral Health

Course Description:

Students learn duties and responsibilities specific to Navy environments. They gain a greater understanding of psychopharmacology classifications, indications, contraindications, side-effects, basic nursing interventions, calculation and administration to psychiatric related medications.

Prerequisite(s): Completion of BHT 108.

Course Goals:

Students will be able to state an understanding of the specific duties and responsibilities related to Navy Behavioral Health. Students will also be able to identify and recall commonly used psychotropic medications, perform simple drug calculations, and demonstrate proper medication administration.

Distribution of Contact Hours:

Unit #	Unit Title	Did	Lab/ Prac	Clin	WTest	PTest	Other	Req'd Act.	Total
1	Duties of the 8485	1							1
2	Psychotropic Medications	14			3				17
Total		15			3				18

Course Objectives and Levels of Learning:

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho- motor	Affective
Unit 1: Duties of the 8485					
1.1.1	Duties of the 8485	Describe the duties, responsibilities, and assignments of the Navy BHT (NEC 8485).	C2		
Unit 2: Psychotropic Medications					
2.1.1	Psychotropic Medication Classifications	Identify psychotropic medication classifications used for mental illnesses.	C2		
2.2.1	Common Psychotropic Medications	Identify Common Psychotropic Medications/Side Effects/Contraindications.	C2		
2.3.1	Calculate Medications	Recall the definitions associated with Medication Dosage.	C2		
2.4.1	Distribution and Administration of Medication	Recall how to distribute and administer medication.	C2		
		Calculate medication dosage for administration to a patient.		P3*	

* Objective 2.4.1 is evaluated for both learning levels during the written exam.

BHT 211N – Directed Clinical Practicum

Course Description:

This course combines didactic knowledge and practical application for an integrated clinical experience in which they demonstrate the skills taught throughout the program. Students will be required to perform these skills at various military and civilian behavioral health settings.

Upon completion of this course students will provide a case presentation, to include documentation, of an actual patient.

Prerequisite(s): Completion of BHT 101N.

Course Goals:

Students will participate in a clinical practicum demonstrating the knowledge and skills taught throughout the Behavioral Health Program.

Distribution of Contact Hours:

Unit #	Unit Title	Did	Lab/ Prac	Clin	WTest	PTest	Other	Req'd Act.	Total
1	DCP Prep		8						8
2	Clinical Practicum			183		12			195
Total			8	183		12			203

Course Objectives and Levels of Learning:

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho- motor	Affective
Unit 1: DCP Admin					
1.1.1	DCP Admin	Complete administrative tasks.		P2	
Unit 2: Clinical Practice					
2.1.1	Therapeutic Rapport	Establish and maintain rapport with patients in various clinical settings.		P2	
2.2.1	Intake	Conduct a Navy intake interview.		P2	
2.3.1	SOAP Notes	Complete SOAP notes associated with the Navy intake interview.		P2	
2.4.1	Psycho educational Workshop	Facilitate a Psycho-educational Workshop in a clinical setting.		P2	
2.5.1	Case Presentation	Conduct a Navy case presentation.		P3	
2.6.1	Psychotropic Medication Report	Complete a psychotropic medication report.		P3	
2.7.1	Triage Psychiatric Patients	Triage psychiatric patients in a Combat Environment.		P3	

Air Force Specific Training

BHT 101F – Air Force Behavioral Health

Course Description:

Students learn about specific duties and responsibilities of the Mental Health Technician in the USAF Medical Service including: the structure and function of Air Force Medical Service (AFMS), the Air and Space Expeditionary Force, the Air Reserve & Air Guard Components; administrative management functions; inpatient/outpatient services; functions of the Air Force Drug & Alcohol Abuse Program (ADAPT) & Family Advocacy Program (FAP); and an overview of the Automated Neuropsychological Assessment Metrics (ANAM). Students will be required to complete a mental health related briefing.

Prerequisite(s): Completion of BHT 109.

Course Goals:

Students will gain a basic knowledge of the function and mission of the Mental Health Technician in the AFMS Mental Health system, be able to function at the basic level in the administrative management, demonstrate a basic understanding of the Air Force Substance Abuse and Treatment and Family Advocacy programs, and demonstrate skills needed to effectively conduct client education through briefings and structured lessons.

Distribution of Contact Hours:

Unit #	Unit Title	Did	Lab/ Prac	Clin	WTest	PTest	Other	Req'd Act.	Total
1	USAF Medical Service	16							16
2	Administrative Management	5			2				7
3	Outpatient/Inpatient Services	10	3		2	3			18
4	Alcohol Drug Abuse Prevention and Treatment (ADAPT)	8			2				10
5	Air Force Family Advocacy Program	5			2				7
6	ANAM	4	2			2			8
Total		48	5		8	5			66

Course Objectives and Levels of Learning:

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho- motor	Affective
Unit 1: USAF Medical Service					
1.1.1	4C0X1 Specialty	Identify the career progression of the MHST.	C1		
Unit 2: Administrative Management					
2.1.1	Personnel Reliability Program (PRP)	Identify the elements associated with the Personnel Reliability Program (PRP).	C1		
2.2.1	Security Clearances	Identify the role of the MHST in the issuing of security clearances.	C1		
2.3.1	Mobility	Identify the role of the MHST in the mobility process.	C1		

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho-motor	Affective
2.4.1	Mental Health Care of Civilian Employees	Identify treatment recommendations for eligible civilian employees.	C1		
2.5.1	The Joint Commission (JC)	Identify the purpose of the Joint Commission (JC).	C1		
2.6.1	Air Force Inspection Agency (AFIA)	Identify the purpose of the Air Force Inspection Agency.	C1		
2.7.1	Mental Health Records	Identify the role of the MHST in the Record Keeping Process.	C1		
Unit 3: Outpatient/Inpatient Services					
3.1.1	Types of Briefing	Identify types of briefings.	C1		
3.2.1	Types of Air Force Briefings	Identify specific types of AF briefings.	C1		
3.3.1	Presentation	Conduct a briefing presentation.		P2	
3.4.1*	Essentials of Good Customer Service	Identify the essentials of good customer service.	C1		
3.5.1*	Questioning and Listening	Identify questioning and listening techniques.	C1		
3.6.1*	Telephone Etiquette	Identify essentials of good phone etiquette.	C1		
3.7.1*	Conflict Resolution	Identify effective conflict resolution approaches.	C1		
3.8.1	Customer Service	Perform customer service techniques.		P2	
Unit 4: Alcohol Drug Abuse Prevention and Treatment (ADAPT)					
4.1.1	ADAPT Program	Identify elements associated with the Alcohol Drug Abuse Prevention and Treatment (ADAPT) program.	C1		
4.2.1	Patient Screening	Identify patient screening as it applies to the Alcohol Drug Abuse Prevention and Treatment (ADAPT) program.	C1		
4.3.1	Program Orientation	Identify basic elements of program orientation.	C1		
4.4.1	Case Management	Identify basic facts and terms about the elements and case management.	C1		
4.5.1	Counselor Certification	Identify basic facts and terms about the AF substance abuse counselor certification program.	C1		
Unit 5: Air Force Family Advocacy Program					
5.1.1	FAP Services	Identify elements of the Family Advocacy Program.	C1		
5.2.1	FAP Prevention	Identify elements of Family Advocacy Program prevention.	C1		

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho-motor	Affective
Unit 6: ANAM					
6.1.1	Introduction to ANAM	Explain the concept of the mTBI, the ANAM Battery and how it is used.		P3	
6.2.1	Taking the ANAM	Conduct the ANAM introduction and briefing.		P3	
6.3.1	ANAM History and Background	Brief the ANAM history and background.		P3	
6.4.1	Technician Roles and Responsibilities	Explain the elements associated with the Technicians Roles and Responsibilities.		P3	
6.5.1	Proctoring	Explain the process for administering an ANAM assessment.		P3	
6.6.1	Navigating ANAM	Explain how to launch the ANAM assessment.		P3	
6.7.1	Restart vs. Reassessment	Differentiate between the facts about Restart vs. Reassessment.		P3	
6.8.1	Checkout and Tips	Proctor the ANAM assessment.		P3	
6.9.1	ANAM Assessment	Take the ANAM assessment.		P3	
6.10.1	ANAM Performance Report (APR)	Generate a simple and a comparative ANAM Performance Report.		P3	

*Objectives 3.4.1 – 3.7.1 have no proficiency code, however elements are required to be taught in the course as required by the career field.

BHT 211F – Directed Clinical Practicum

Course Description:

This course provides the practical application and integration of all clinical knowledge and skills taught throughout the program. Students will be required to perform these skills at various military and civilian behavioral health settings. Upon completion of clinicals, students will provide a case presentation, to include documentation, of an actual patient.
Prerequisite(s): Completion of BHT 101F.

Course Goals:

Students will participate in a clinical practicum demonstrating the knowledge and skills taught throughout the Behavioral Health Program.

Distribution of Contact Hours:

Unit #	Unit Title	Did	Lab/ Prac	Clin	WTest	PTest	Other	Req'd Act.	Total
1	DCP Admin		11.5						11.5
2	Clinical Practicum			80		5			85
Total			11.5	80		5			96.5

Course Objectives and Levels of Learning:

Learning Objective #	Lesson Name	Lesson Objective	Level of Learning		
			Cognitive	Psycho- motor	Affective
Unit 1: DCP Admin					
1.1.1	DCP Admin	Complete administrative tasks.		P2	
Unit 2: Clinical Practice					
2.1.1	Therapeutic Rapport	Establish and maintain rapport with patient in various clinical settings.		P2	
2.2.1	Intake	Conduct an intake interview.		P2	
2.3.1	SOAP Notes	Complete SOAP notes associated with the Intake interview.		P2	
2.4.1	Case Presentation	Conduct a case presentation.		P2	
2.5.1	Outpatient Services	Familiarization and data entry to frequently used outpatient sources.		P2	

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